



Holy Cross

**Dorothy Mangurian
Comprehensive Women's Center**

MEDICAL SPA MENU OF SERVICES

Classic Manicure or Pedicure

Includes nail trim & shaping, buffing, cuticle grooming and polish.

Spa Manicure or Pedicure

Same as above with a conditioning lotion massage, invigorating scrub and polish.

Deluxe Manicure or Pedicure

Same as above with warm mittens / booties, customized mask or soothing paraffin and warm towel wrap.

Nail Services

Classic / Spa / Deluxe Manicure	\$22 / \$27 / \$37
Classic / Spa / Deluxe Pedicure	\$32 / \$37 / \$42
Classic / Spa / Deluxe Manicure & Pedicure Combo	\$45 / \$58 / \$68
Gelish Manicure (Shellac)	\$45
Hand Massage and Polish Change	\$17

Facials (Full menu of customized treatments available)

Express Lunch Facial (25 minutes)	\$50
Citrus Facial (50 minutes)	\$80
Classic European Facial (50 minutes)	\$80
Detox Deep Pore Cleansing Facial (50 minutes)	\$105
Deeply Hydrating Facial (50 minutes)	\$80
Anti-aging Skin Brightening Facial (50minutes)	\$110
Intraceuticals Oxygen Rejuvenate Facial (50 80 minutes) .	\$160 / \$245
Microdermabrasion with Facial	\$145
Total Bio-Rejuvenation (80 minutes)	\$200
Micro Channeling (Micro~Needling)	\$210
Dermaplaning with Facial	\$145
Men's Facial	\$75
Back Treatment (45 minutes)	\$75
Snella Body Treatment 1 Session 10 Sessions.....	\$150/\$1250

Dermalfusion/HydraFacial (Voluminizes the skin by 70%)

Face, Neck, Eyes, & Lips (30 Minutes) Individual Treatment....	\$155.00
Face, Neck, Eyes, & Lips (60 Minutes) Individual Treatment ...	\$199.00

Other Aesthetic Services Available:

Microcurrent |LED | Chemical Peels |Body Treatments
Body Wraps | Senior Special and more

Open Monday through Friday, 10 am–6 pm | Saturdays, 10 am–3 pm

Other times available by appointment.

Appointments / Information - 954.542.8680

Pricing Effective

1.1.2024.

Subject to change.



ACUPUNCTURE / MASSAGE MENU OF SERVICES

Acupuncture

Initial Evaluation and Treatment.....	\$155 (1st time clients)
Acupuncture Treatment..... (60 minutes)	\$95
Acupuncture Treatment..... (30 minutes)	\$65
Facial Acupuncture-Individual.....	\$150
Facial Acupuncture-10 treatments.....	\$1350
Smoking Cessation Program-Acupuncture / 5 sessions.....	\$440

Therapeutic Massage

Incorporates both Swedish & Deep techniques. The therapist will customize each massage to your specific needs to relieve pain, reduce stress and work on specific problems and needs.

(30-, 60- & 90- minutes).....	\$60, \$99, \$140
-------------------------------	-------------------

Cranial Sacral

A light touch approach that releases tensions deep in the body to relieve pain & dysfunction to improve whole-body health & performance

(60 minutes).....	\$120
-------------------	-------

Manual Lymphatic Drainage

A slow, rhythmic, calming, and relaxing technique designed to boost the immune system, relieve pain & increase the body's ability to remove excess fluids.

Initial Evaluation & Treatment (90 minutes) (1st time clients).....	\$135
(60 / 90) minutes.....	\$110 / \$135

Pregnancy Massage

Offered after the 1st trimester. Prenatal massage can improve relaxation, mobility, and overall well-being during pregnancy

(60 minutes).....	\$99
-------------------	------

Reflexology

By applying pressure to various points on the foot it will relieve tension throughout the body, reduce pain and alleviate stress.

(30 minutes).....	\$60
-------------------	------

Medical Massage

For individuals who are affected by pain, illness, or injury. The therapist uses specific massage techniques to manipulate muscles to treat chronic pain & injuries. Can help with many different conditions including migraines, sciatica, fibromyalgia, neck & back pain, strained muscles and more.

(60 minutes).....	\$99
-------------------	------

Massage Stretch Combo

When combined with massage, assisted stretching helps alleviate strain on the joints, enhances flexibility and improves posture.

(60 minutes).....	\$99
-------------------	------

Dorothy Mangurian Comprehensive Women's Center
Patricia R. Guerrieri Pavilion
1000 Northeast 56th Street | Fort Lauderdale, FL 33334
954.542.8680
www.holycrosswomenscenter.com

