

A Member of Trinity Health

Jim Moran Heart and Vascular Center

Your trusted health partner for life.

We are committed to a Culture of Inclusion in which all people are welcomed, valued, and celebrated.



4725 N. Federal Highway Ft. Lauderdale, FL 33308 Phone: 954-229-7974 www.holy-cross.com

#### **HOW TO REFER**





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**HEART FAILURE CLINIC** 



# HEART FAILURE CLINIC TURNING FAILURE INTO SUCCESS

Heart failure is a condition in which the heart is unable to supply sufficient blood flow to meet the needs of the body. Heart failure can cause a number of symptoms including:

- Shortness of breath
- Increased heart rate
- Weight gain
- Swelling of the feet or legs
- Fatigue
- Difficulty performing everyday tasks

Heart failure is a common, costly, disabling and potentially deadly condition.

## MISSION STATEMENT

The mission of the Holy Cross Health Heart
Failure Clinic is to address the special needs
of adult heart failure patients and their families.
Our goal is to prolong life and improve the
quality of life of our patients.

#### HEART FAILURE CLINIC

A heart failure diagnosis may sound frightening, but with the right treatment, a heart failure condition can be controlled. Once you are on a stable medical regimen, you can often return to a full and enjoyable life. Understanding your role in taking good care of yourself is important for gaining control of symptoms.

Our goal is to reduce hospitalizations and improve heart failure patient care by providing intensive personalized therapy and by developing individual programs that educate patients about heart failure, optimize chronic medications and help patients manage their disease.

Heart failure management is a team effort, making you and your physician the key players on the team. Our staff will work closely with your physician to keep them fully apprised of your progress.

## **GETTING STARTED**

After you have received your physician referral to our program, contact the Heart Failure Clinic at 954-229-7974 to schedule your first appointment.

If you have any questions regarding the Heart Failure Clinic, please ask for our Clinic Coordinator at 954-229-7974.

#### OTHER RESOURCES

- Cardiac Rehabilitation Program
- Mended Hearts Support Group
- Jim Moran Heart and Vascular Research Institute

## HOLY CROSS HEALTH

For more than half a century, Holy Cross Health has provided quality healthcare to the residents of southeast Florida. Founded in 1955, and sponsored by the Sisters of Mercy, Holy Cross is a 571-bed acute care medical facility widely recognized for outstanding medical programs.

Our skilled team of highly qualified nurses, physicians and support staff works with advanced technology and state-of-the-art equipment to meet the healthcare needs of the region. Holy Cross Health has an all-encompassing approach to family medical concerns.

